

## Exercise 6: 3 AM Epiphany

Hello Sarah!

How are you? I hope things are well. We hadn't heard from you in a while, so we thought we'd write you to check on *your* well-being. I know this method of communicating is a little dated, but you know how forgetful you tend to be and how busy we always are, so it would be best to leave it in the hands of fate and the postman, right? :)

Life at home has been great for us!! We finally decided on a new color to accent our kitchen: red! Can you imagine? A nice cerise for all the appliances and utensils with a mahogany finish for the floors. Chris originally wanted to keep it simple with white everything, but we *both* knew who was going to have to clean spaghetti sauce stains off the counters (ha!)

Speaking of Chris, we finally fixed our "little problem" with Catherine. You remember us telling you about her before, right? The receptionist, 5'4" brunette with the bangs and the button downs showing *way* too much cleavage? Well, we were in bed when a text message about a secret rendez-vous at the Sheraton down the street popped up on my phone (we have this new family plan, and we get each others' texts). The audacity of her! Trying to ruin our sacred, perfect marriage. She might think twice before texting her superiors at the ungodly hour of 1 am again. Letting her go might've been a bit drastic, but we did what needed to be done.

One a lighter note, we just got a brand new car! A crimson colored Cayenne, fresh off the lot. You know Porsches aren't usually our taste, but we plan on having kids within the next year, and you can't carry kids in a Corvette, you know. It was originally supposed to be Chris' birthday gift to himself, but he left the tab for the dealership open on his Mac. After we talked about it, we knew a low-mileage crossover would be better for our future. Plus, his birthday might be in March, but we always celebrate mine the most #Ariesseason!!!

We also signed up for marriage counseling. We are going to our third session with Dr. Bryant on next Tuesday. It is interesting to hear Chris' stance on our relationship. He described our marriage as "overbearing and weirdly obsessive". Probably because he can't think of other words to describe what we have. We are always around each other, we always send each other our locations (that's after the charade with Catherine). When we sleep, we try to breathe in synchronization. No one really understands the depth and complexity of our love. We are so cute!!!!!! Dr. Bryant said that he would love to do a solo session with each of us, but we would NEVER do that! Lol!!!! We are, just, so ideal.

Anyways, I'm glad we got this chance to catch up. You know how you love to be informed about our relationship. We think you should definitely try to find *your* Chris. It is so much easier going through life knowing you'll always have someone by your side, someone that will never leave you. Maybe you wouldn't be depressed all the time. We love you!!!!!! Please

don't forget to write back this time. We have really been in the mood for tapas, so let's make that happen.

Love,

Brenda (and Chris) <3